

Trouble in Lustre by Jasiah Hambira

Based on recent events at Lustre Christian High there has been an overwhelming amount of roughhousing among students. Although it seems all fun and games to the students there are consequences and outcomes they do not realize. We cannot just think about how this is giving us the temporary joy we need to ponder, the long-term effects. We have to first consider the students who are not directly involved in the roughhousing. When you have multiple 6'0+ athletes wrestling and fighting with each other it will get very chaotic. Although they are not doing so to hurt themselves or others around them it is a risk. These recreational activities, should take place outside of school if they should take place anywhere, are definitely hazardous.

According to safehome.org, the second leading injury cause in schools is unclassified sports or recreational activities. This shows that this kind of behavior is not just affecting the students who participate but the students spectating. We also have to consider the teachers and how they feel. We have doubled our students in the past 3 years here at Lustre Christian high. This al-

ready puts a lot of pressure on our teachers. Making sure they have all their materials, trying to make sure all the students understand the material and trying to keep the class under control. According to math, physics, and chemistry teacher Gabriel Ross, the third hardest part of being a teacher is classroom discipline. Teachers need to keep the class under control to teach but cannot do that if the class is riled up from running and jumping around.

Students and particularly male studentathletes tend to forget some people are just students. As a result, they may not be as comfortable with people touching them as male studentathletes are. But this can bring up a very sticky situation if a student gets touched or tackled and they do not like it, and do not take it as a joke then, not only will they be in trouble in school but could possibly be in trouble with the law. Then not only does this reflect badly on the school, but this also reflects badly on whoever committed the crime.

We can also think about how this situation relates to scripture. We as Christians need to be as welcoming as possible and part of that is respect-

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ing the boundaries people have. Matthew 7:12 says "So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets." We all want people to respect the different boundaries we have so we need to respect the boundaries of others especially if we do not know how they feel about certain things. We as a student body have to be more aware and more careful and think about what we do. This is not

just about what happens in school because we can still suffer severe action outside of school for this type of behavior. If we do what Matthew 7:12 says and treat others how we would like to be treated our school will have little to no roughhousing. This will lead to a better school atmosphere and will altogether help us spread the word of God better.



It's Tournament time!!! By Jasiah Hambira

and have prepared to face off in the District 3c tournament. Our girls were pumped up. There was a pep rally where we played a game to practice pass. set, and hit just like our girls do. After the game, we heard some words from our coach and said a prayer over our girls then sent them off to the tournament the next day. It was a double elimina-



tion tournament. We first faced off against the Fairview warriors and our Lions fought hard but unfortunately lost 0-3. Our Lady Lions did not let this deter them though. They then faced off against the Brockton Warriors. We beat the Warriors earlier in the sea-

Our Lady Lions have worked hard all season son but they definitely came to play and put up a

fight. But it was not enough to stop our Lady Lions who beat them 3-0 and moved on to the next round. Then our Lady Lions went up against the Culbertson Cowgirls, our Lady Lions had their backs against the wall in a win-or-go-home situation. Our Lady Lions went down 0-2 in the series but they stayed strong and won the next set making it 1-2! Although the Lady Lions fought hard it was not enough to stop the Cowgirls and they lost the game 1-3. Although our Lady Lions did not bring any hardware

home for us, their effort and dedication inspired all of us. Make sure to congratulate our Lady Lions and we look forward to seeing them next year.

Lady Lions Achievement By Sally Arai

The volleyball season came to an end as the Lady Lions unfortunately lost in the tournament held at Plentywood on October 27th to 29th. The volleyball season began on August 12th with 12 girls in the gym. It started with new coaches, a new season, and new opportunities to learn, grow and build upon that growth that led to postseason success. I interviewed Head Coach Mary Zerbe about how awesome the season was. Coach Mary Zerbe summarized the season, "The best potlucks are when everyone brings something to the table.", as one collegiate coach once said. Coach Mary said that it became the Lady Lions ' theme that everyone brings something to the table called team. Lady Lions 'team verse was Phillippians 1:6 which was a season-long reminder and encouragement for the girls, "...being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ." Coach Mary mentioned that the Lady Lions grew this season by leaps and bounds which are defense, rotations, serving overhand, learning to play all the way around and playing different positions as needed. I asked the coach what some high-

lights were from this season, she said "working through rotation, confusion at Culbertson Tourney and having the bus breakdown on our trip home." She would like to say thank you to their driver Ron Reddig and parents who helped out by getting the girls home! Although they had a tough loss at the district tournament against Culbertson, they put on a real show for all the fans, and the community showed a lot of support. They achieved a new P-S-H match goal of 40(pass, set, hit combinations) and 88 % team serving, 75% team serve receive, 55% team dig. LCHS appreciates all the fans and community members who supported the Lady Lions this year. and we know that the next season will be even better! If you see any Lady Lions anywhere, make sure to stop by and congratulate them!

Bill Reddig By Gabriel Alves

The Board Chairman, the advice giver, the girls 'basketball coach, the Godly man...Bill Reddig, has been a great influence on us students for the way he displays his love and care towards us. Mr. Reddig attended Lustre Christian High school

and he had a great time. His favorite memory was when his basketball team beat Scobey in the consolation game. Bill has a lot of things that he loves about Lustre. He loves the community and the ability to have freedom, like the open space, church and schools. He has a special goal as the Board Chairman this year such as making sure the kids feel loved, accepted and come to

know Christ. When asking him for a bit of advice for the seniors, he knew what he wanted to say right away, "have a good attitude and work ethic, and enjoy everyday because time flies." Romans 8:28 has been Bill's favorite verse because he has seen it

> happen in his life, "And we know that in all things God works for the good of those who love Him, who have been called according to his purpose." We appreciate all the work and dedication he shows to our community.



How to deal with peer pressure By Mana Okamoto

Have you ever felt peer pressure before? Peer pressure is a feeling that one must do the same things as other people of one's age and social pleasing and perfect." in Romans 12:2. We tend to group in order to be liked or respected by them. I

am sure everyone has experienced that. Although some people have felt it very often, others might have felt it once in a while. Peer pressure is a common thing especially for us, teenagers. We easily feel FOMO, which stands for fear of missing out, but should we feel that way? According to the Scripture, it says "Don't copy the behavior and customs of

son by changing the way you think. Then you will learn to know God's will for you, which is good and fear people but that is not what we are supposed to

do. However, we should fear nothing but God, so don't forget to remind yourself about that, then you will be set free.



this world, but let God transform you into a new per-

Eileen Traeholt By Elijah Lenihan

Eileen Traeholt has been a staff member at Lustre Christian High School for years now, working hard to keep the facilities clean. It was such a blessing to be able to interview her. It is tough to pick a favorite Bible verse because at different times, different verses can mean more to you than others. Eileen chose Jeremiah 17 12 as her favorite. I than asked, "What is one thing that you do in your free

time?" She replied, "I love to read, especially biographies or books about history." She is anticipating a new great-grandchild coming in the summer, which is so exciting! I asked her if she could go anywhere in the world where would she go, and her answer was either Israel or Africa. Eileen is also a part of a ministry here in Lustre headed by her

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Mana Okamoto by Bryan Chen

In the school year of 2022-2023, we welcomed a girl from the far east country -- Japan.

Her name is Mana Okamoto, and it wasn't her first year in the United States. She attended a public school in Minnesota for her junior year, and now, God brought her to Lustre Christian High School. Mana came here as a senior, and we are so glad to have her. Throughout the interview, Mana was a chatty and

interesting girl. She told me she has two younger brothers back in Japan, who are 9 and 14 years old, and she is friends with Sally Arai, another Japanese

student in LCHS. When I asked what her favorite food was, she answered, "Carrots, coconut, and

> sushi." Then I asked her what things she likes to do the most in in her free time, she said spending time with her family, hiking, and camping are her favorite things to do back in Japan. She added that she enjoyed running, reading books, and yoga in Lustre. Mana played basketball last year in Minnesota, but she is still deciding whether she will play this year or not. Her future plans for this year are getting good grades and being ready for college. Mana Okamoto

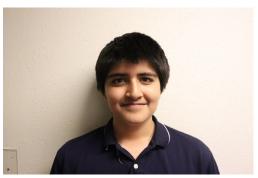
seems to be a quiet person, until you get to know her, then she is really chatty. I strongly recommend you stop by and talk to her.



Getting to Know Manav By Alexander Chen

This year we have a lot of new faces in the school, among them there is a student from India, Manay, I started out the interview with the simple question, "What is your goal for this year?". He replied that he wants to get better at studying and sports, and have a memorable fun year. His favorite sport is table tennis,

because he thinks it is fun playing with others. He has one older sister who is attending college right now. On the weekend or during his replied that he wants to be sucfree time, he likes to play board



games and watch videos with friends. When I asked him what kind of person he wanted to be, he cessful. He wants to be a vet. His

favorite subject is Biology. This year, he is looking forward to spending time with friends and making more friends at LCHS. His favorite table tennis player is Ma Long, because his quote is so inspiring and helps him a lot on everything. The quote is "Glory is attained from hard work, step by step"- Ma Long. So whenever you see Manay, please stop by and get to know him more.

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church. She is in charge of a food pantry located at her own house. What they do is buy food and supplies and give it to those who are in need. Whether it is groceries or even lumber, they will help. If you decide to get some food or supplies, you can donate what you can and it is through these donations and the contributions of the community, that keep this charity going. For

my final question, I asked her what we, as a school, could help make her job easier and she said, "I enjoy working here so much. The kids are respectful and just a joy to be around. I don't think there is anything you can do to make it better... except flush the toilets!" Eileen is a hard worker and a blessing for the school. Thank you for all that you do!

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Check us out at: www.lustrechristian.org www.facebook.com/lustrechristianhighschool/



Rodas Gebreyohannes Nov 8

Nov 10 Vincent Gonzales

Nov 21 Kimberly Kwagala

LCHS Calendar

Nov 11 Sports Physicals

Nov 17 1st Day of Basketball Practice

Nov 22 2:30 pm - Early Dismissal

Nov 23 - 25 Thanksgiving Break - No School

Dec 2 - 3 BBB/GBB - Glasgow Invite - Glasgow

Dec 8 7:00 pm - Christmas Concert

Dec 9 - 10 BBB/GBB - Scobey Invite - Scobey











Christian High Scho Lustre

NOVEMBER:

\sim 1	SAT	2	12	19	26	
027	FRI	4 Pizza	11 Potato Soup	18 Curry Chicken	288	
7	Тни	3 Cheeseburger Casserole	10 Sloppy Joes	17 Tacos	Thanksgiving Break - No School	
ember	WED	2 Chicken Burgers	9 Chicken Strips	16 Hot Dogs	23 Thanksgi	30 Chicken Nuggets
ven.	Tor	1 Nachos	8 Chili & Cinna- mon Rolls	15 16 Chicken Alfredo Hot Dogs	22 Chili Cheese Fries	29 Mac & Cheese
	Mon		7 Hamburgers	14 Hamburger Gra- vy over Mashed Potatoes	21 Corn Dogs	28 Meatball Subs
	SUN		9	13	20	27
Christian High School	& Activities:	NOVEMBER: 3-5 - Divisional VB Tournament - Culbert- son	11 - pm - Sports Physicals 17 - 1st Day of Basket-ball Practice	22 - 2:30 pm - Early Dismissal 23-25 - Thanksgiving Break - No School		NOVEMBER